



In Touch

3rd Week of Lent (A)
7th March / 8th March 2026
No. 1461

Dear Parishioners

I hope that you and your families are all well. I send you my prayers.

I am sure that you will know that the Welsh parliament has just approved the Assisted Suicide Bill by a narrow majority, opening the way for its implementation in Wales should it be passed by the parliament in Westminster. This is a blow for Christians and all those who are trying to uphold the value of human life. Bishop Sherrington, who leads on life issues for the Bishops' Conference, has issued a statement asking us to pray for members of the House of Lords as they continue to debate the Bill, and to pray for all who might be affected by the Bill.

He writes : Lent is a time when we ponder human fragility, suffering and death. We do so in a spirit of hope, looking towards the triumph of Easter and the promise of eternal life. Through fasting, we unite in the suffering of others. Through almsgiving, we support those in need. We also respond by turning our minds to prayer. This year, I especially ask your prayers for those who are suffering near the end of their lives and for those who care for them.

We are facing the threat of a profound change in our culture which would happen if assisted suicide were to be legalised. I urge you to pray for parliamentarians who continue to consider this matter. This bill is wrong in principle as assisted suicide is the direct taking of life. In practice, the bill is a threat to truly compassionate care at the end of life. In its current form, it would require Christian hospices and care homes to co-operate with the act of assisted suicide. The conscience clauses are also woefully inadequate. Moreover, as many voices have articulated in the debate, and as has been seen in other countries, assisted suicide will put the lives of the vulnerable at risk.

This Lent, we can support Parliamentarians through our prayers. In doing so, we remember the courage and service shown by our English Saint, St Thomas More. Let us ask for his intercession, and that of Our Lady.

I send you all my very best wishes. *Fr Paul*

Two-page PDF that can be printed and used to pray a Holy Hour for the Dignity of Life - [Holy Hour on the Dignity of Life A4Download](#)

Mass Times at Worth Abbey:

Sundays - 9.30am (family Mass, with choir)

Mondays to Fridays - 5.30 pm

Saturdays - 9am and 5pm (First Mass of Sunday),
Feast Days 5.30pm

Days of Obligation - *see website*

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Mass Readings: (8 March – 15 March)

Sun 8 March 2026: 1st Reading – Exodus 17:3-7 2nd Reading – Romans 5:1-2,5-8 Gospel – John 4:5-42
Mon – 2 Kings 5:1-15a; Luke 4:24-30 **Thu** – Jeremiah 7:23-28; Luke 11:14-23
Tue – Daniel 3:25, 34-43; Matthew 18:21-35 **Fri** – Hosea 14:2-10; Mark 12:28-34
Wed – Deuteronomy 4:1, 5-9; Matthew 5:17-19 **Sat** – Hosea 6:1-6; Luke 18:9-14
Sunday, 15 March: 1st Reading – 1 Samuel 16:1b,6-7,10-13a 2nd Reading – Ephesians 5:8-14 Gospel – John 9:1-41

Prayers

Congratulations to Melody and Luke Savoy on the birth of their son, Rafael. Please pray for all the family.

Please pray for the sick of our parish: Mackynsie Stribbling, John Maher, Elfriede Huckstep, John Mulhall, Sandra Flexman, Margaret Ogden, Anne Wise, Mandy Horton, Patricia Horsman, Stella Higham, Jim Tierney, Krysia Smith, Catherine Elia, Patrick Cambridge, Barry Wingrove, Rowena Leaney, Beryl McNulty, Lin Eade, Jelly Labto, Sheila Charman, Gillian Maher, Pamela Bagwell, Terry and Susan Scoble, Sue Pearson, John and Sue Rutherford, Demelza Waring, Liz Hicklin, Mike and Jill Carter and Laura Rawlinson. And please pray for the healing of our Diocese Youth Adviser Lizzie Wakeling.

Please continue praying for the souls of Pope Francis; and for Fr. Kevin Taggart and parishioners Gerry Loney, Rory Clarke, Tony Hicklin and Peter Annabring, who died recently. Please pray for the souls of Mother Mary Garson (Founder Benedictine Sisters of Grace & Compassion), Tony Corio, Roger Brown, Stan Geal, Daniel Harrison, Rev Canon Richard Incedon, Terry Smith, John Surtees, Nancy Wilson Stuart, Kitty Cahill, John Burge, Roy Groombridge, Terry Fallon, Bishop David Cashman, Julie Vincent and Anne Innes whose anniversaries are this week. ***Eternal rest grant unto them, oh Lord. And let perpetual light shine upon them. May they rest in peace.***

Let us pray that we will keep our minds and hearts open to the beautiful truth that the dignity of human life will be respected by all people from its natural beginning until its natural end. We pray for those who are nearing the end of their lives, that as they prepare to make the journey to the eternal life prepared for us, they may know the tender love and mercy of God our heavenly Father. For those who are receiving palliative care, that they may trust in God's love even in the hardest moments, knowing that the Lord bears their suffering with them. For politicians and those in authority, they may have the courage to embrace and uphold a culture of life, and always work for the common good of all. For doctors, nurses, carers and those who are home visitors, that they may be blessed in their work, and that they may have the necessary resources to carry out their vocation with love and compassion.

We Are Already The Children Of God

A Holy Hour on the Dignity of Human Life - We encourage you to pray this Holy Hour before the Blessed Sacrament, but if this is not possible, then you could also do this in the quiet of your home or at church.

Adoration

Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you. - 1 Peter 1:3-4

Do not cast me off in the time of old age; forsake me not when my strength is spent. - Psalm 71:9

See what kind of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. Beloved, we are God's children now, and what we will be has not yet appeared; but we know that when he appears, we shall be like him, because we shall see him as he is. - 1 John 3:1-2

Reflection: Embrace and uphold a culture of life

We offer our prayers this Holy Hour for the Dignity of Human Life. In particular, our focus is on the end of life and praying together in front of the Blessed Sacrament that assisted suicide will not become law in our lands. This would greatly diminish the importance and innate value of every human person, akin to saying that our life is not a gift of God. Instead we would be asserting that life is our own possession to do with as we choose. But we are far more important than that. We are a gift of God — a gift that is freely given. Then, when God is ready, we are called back to Him.

During this holy hour, we pray that many minds and hearts will be open to this beautiful and great truth about the value, importance, and beauty of every human person. We pray passionately that we will not take a step in legislation that promotes a so-called "right to die", that will quite likely become a duty to die and place pressure on doctors and medical staff to help take life rather than to care, protect, and heal.

When you are praying, please remember those who care and accompany people facing their last days. Especially pray for those who work in palliative care — nurses, doctors, people who are home visitors. They do a wonderful job with compassion, but they need more resources. That is what we should be investing in, not a piece of legislation that leaves us vulnerable and under pressure to seek an end to our life.

Silence

Intercessions

Let us pray that we will keep our minds and hearts open to the beautiful truth that the dignity of human life will be respected by all people from its natural beginning until its natural end.

We pray for those who are nearing the end of their lives, that as they prepare to make the journey to the eternal life prepared for us, they may know the tender love and mercy of God our heavenly Father.

For those who are receiving palliative care, that they may trust in God's love even in the hardest moments, knowing that the Lord bears their suffering with them.

For politicians and those in authority, that they may have the courage to embrace and uphold a culture of life, and always work for the common good of all.

For doctors, nurses, carers and those who are home visitors, that they may be blessed in their work, and that they may have the necessary resources to carry out their vocation with love and compassion.

The Prayer of John Henry Newman

(Bringing to the Lord the shared aspect of death and suffering)

O Lord, support us all the day long of this troublous life, until the shadows lengthen, and the evening comes and the busy world is hushed, and the fever of life is over, and our work is done. Then, Lord, in thy mercy, grant us a safe lodging, a holy rest, and peace at the last. Amen.

And now, you are called to act

This is an important moment in our history. Please write to your MP to make your voice heard. Many have not yet made up their minds how to vote. May God bless us all, bless our countries, and bless those who make our laws with the courage to embrace and uphold a culture of life. - *Cardinal Vincent Nichols, President, Catholic Bishops' Conference of England and Wales*

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Worth Parish Community Billboard

CAFOD during Lent at Worth Parish

CAFOD's focus this lent will be on addressing hunger via improved farming methods.



COFFEES FOR CAFOD:

This Lent's 'Coffees for CAFOD' will be offered in the memory of Rory Clarke.

The Parish's CAFOD team and the Worth School CAFOD Young Leaders will host these coffees on Wednesday's during Lent until 25th March in Compass House 2-3.30pm.

There will be a special presentation each week and a 'pay what you wish' bottomless cafe, with all donations going to CAFOD. Please note there will be no coffee meeting during Holy Week.

Upcoming presentations:

11/3 Worth School musicians will perform
18/3 Worth School musicians will perform
25/3 Father Rod will speak



WE NEED YOUR FEEDBACK!

Do you have a spare 5 minutes? We would love to get some feedback on whether you have interacted with Worth Pro Earth. Please follow the link below and tell us your thoughts!

[Worth Pro Earth feedback form – Fill in form](#)

Parish Activities and Announcements

DATES FOR YOUR DIARIES...

This Sunday, 8th March - Brunch in Compass House at 11am

Friday, 13th March - **Stations of the Cross on Fridays through Lent, 7.15pm, Abbey Church**

Sunday, 15th March - Family Formation Groups continue.

Friday, 20th March - **Stations of the Cross on Fridays through Lent, 7.15pm, Abbey Church**

Saturday 21st March – Family Stations of the Cross at 10:30am. Children of all ages welcome, followed by biscuits and drinks. Any questions please contact Emily Coughlan [emily . mary@hotmail.co.uk](mailto:emily_mary@hotmail.co.uk)

Friday, 27th March - **Stations of the Cross on Fridays through Lent, 7.15pm, Abbey Church**

Holy Monday 30th March – Service of Reconciliation at 7:30pm

PLEASE NOTE: Fr Rod will be out of the country from Monday 23rd February until Monday 9th March.

February collection via the Dona Machines - £526.44

LENT HOUSE GROUPS...

Cuckfield/Balcombe - Monday afternoons at 3.30pm starting Monday 23rd February. All Welcome. Please contact Christina cfitzs3287@aol.com or Christie christiegrieve@gmail.com

Worth Abbey Parish Office - Friday mornings at 10.30am starting Friday 27th February. All Welcome. Please contact Jenny jenny_chapman@sky.com

Crawley Down - Thursday at 2.30pm, starting next Thursday 26th February. All Welcome. Please contact Carol carolmorice251@btinternet.com

AND OUR REGULAR ACTIVITIES...

Sacrament of Reconciliation – Sundays 08.45–09.15am in the church, or by appointment with Fr. Paul.

Exposition of the Blessed Sacrament – Wednesdays 2:30-3:30pm; Sundays 6.30pm after vespers, and every first Sunday of the month, 10:30am (right after Mass)–11am

Rosary Group – Mondays 7:10-8pm in the church after vespers. Please contact Rachel Davies: 07801 696354.

Lectio Divina – Tuesdays at 8pm via Zoom. Please contact Jenny Chapman jenny_chapman@sky.com. All welcome!

Christian Meditation - Unity Room, 7-8pm, 4th Wednesday of the month

Vigil for Vocations – Every first Friday of the month at 8.30-9pm, after compline.

Bible Study Group – Mondays, 11am at St Benedict's (Parish Office). Please contact the Parish Office.

Family Faith Formation – Monthly, every 3rd Sunday. **New parishioners, all families welcome!**

Easter Eggs at the Fair Trade stall

The Fair Trade stall has children's Easter Eggs for sale.

On sale is the creamy Fairtrade milk chocolate Easter Egg from The Meaningful Chocolate Company, complete with a large 24 page Easter story-activity book.



Car Parking on Sunday mornings:

Please do keep the parking spaces adjacent the church piazza, for less mobile parishioners. Could we also keep the parking area directly outside of Compass House free for residents and groups using the building. Many thanks.



Worth Intercessory Team (WIT):

Soon, we hope to start a new group of prayer warriors. We'll meet online via Microsoft Teams at 8pm on the first Wednesday of the month (45 min - 1hr), creating a welcoming space to pray together. Would you like to join? Please sign up and we'll get this prayer group started.

This is a chance to grow in prayer, deepen parish connection, and make a difference—without leaving your home. If you'd like to join, please email worthabbeyparish@gmail.com. Come join us. We look forward to praying with you!

“For where two or more are gathered in my name, there I am in their midst.” – Mt 18:20

Would anyone like to learn more about the Catholic Faith?

Please get in touch to join a group which meets on Tuesday evenings, from 7.30 pm. If you know of anyone who might be interested, please pass on this invitation. *Please get in touch with the office.*



Framing the Future: a Benedictine Approach: a talk by Abbot Christopher Jamison - Saturday 11 April 2026, Unity Room, Worth Abbey, RH10 4SB (Cost: talk £2; £10 with lunch)

The future has a history. What frame will we choose to face the future? Abbot Christopher will look at ways in which the Benedictine life can offer a creative approach to facing the future. [Click here](#) to book your place.



Itinerary:

- 10.30 Coffee in the Narthex
- 11.00 Talk and Q&A
- 12.00 Optional light lunch
- 1.00 Midday Prayer

Come and Sing at Worth Abbey – Worth Abbey Pilgrims – Saturday

Take part in an afternoon of beauty and joy as Worth Abbey Choir prepares and performs Louis Vierne's Messe solennelle, op. 16

- 11am – 12.40pm Rehearsal (singers)
- 12.40 – 1.30 Lunch break (singers)
- 1.30 – 2.30 Rehearsal (singers)
- 2.30 – 3.00 Pre-concert refreshments
- 3.00 – 3.45 Concert



£10 per singer (includes free take-home score). Registration required. Free entrance to guests attending the concluding concert. For further information and to register, please visit worthabbey.net/latest-news

Other Activities and Announcements

Adrian IV: The Only English Pope - 14 March, 3pm, Cathedral Centre, Arundel (Cost: £10-15)

Join a fascinating Friends of Arundel Cathedral talk by Adrian Waddingham CBE about the only English Pope and discover what he accomplished and the changes he made.



To book your place click here: www.tickettailor.com/events/friendsofarundelcathedral/2048235

Lent 2026 Bible Studies

You're warmly invited to join the **Lent 2026 Bible Studies**, a FREE, six-week journey presented **LIVE ONLINE** by Mauro Iannicelli of Come & See Catholic Formation Ministries. We will lead you through an in-depth exploration of the six Lenten Sunday Gospels, preparing you to hear them proclaimed at Mass.



INFO & REGISTRATION: comeandsee.org/lent26

TIME: 7pm - 8:15pm UK time

Tuesday Sessions: Tues 10 Mar | Tues 17 Mar | Tues 24 Mar

Or register using the QR code:



We hope to see you online. Many thanks & God bless, *Mauro & Janet Iannicelli* **Come & See Catholic Formation Ministries**

Applications for the Arundel & Brighton Lourdes Pilgrimage this July are now open!

The Diocese takes more than 700 pilgrims to visit the Shrine of Our Lady of Lourdes each year, including young people, families, and those who are sick, disabled, frail or elderly and need our help to make the journey.

Is Our Lady calling you to Lourdes this summer?

To find out more about our pilgrimage week in France [click here](#) and visit the diocesan website (<https://www.abdiocese.org.uk/lourdes>)



Mental Health Awareness training – Saturday 9 May 2026 10-3pm at the St Philip Howard Centre, Crawley - Tickets are just £40 per delegate (usual price £120)

One of the challenges that we are experiencing in our modern world is the growing number of people, of all ages, experiencing the darkness and challenge of various mental health conditions. Thanks to the support of Mental Health England, we are able to offer this training, to explore the realities, symptoms and impact of living with these many debilitating conditions. Thanks to the support of the trainer, we are able to highly subsidise the event.



To register go to the Events page of the Diocesan website: www.abdiocese.org.uk/diocese/events

If you have any questions about this course, do not hesitate to contact Deacon Simon South, Marriage & Family Life Adviser at: simon.south@abdiocese.org.uk

VISITATION OF THE NATIONAL PILGRIM VIRGIN STATUE (NPVS) OF Our Lady of Fatima AND THE RELICS OF SAINTS JACINTA AND FRANCISCO
Our Lady Queen of Peace, Adur Valley BN43 5WG

7 March 2026 (first Saturday)

0950H: Procession and Enthronement of the NPVS of Our Lady of Fatima and the Relics of Saints Jacinta & Francisco Marto
1000H: Holy Mass
With the Prayer of re-Consecration to the Immaculate Heart of Mary
1050H: Tea break
1120H: 15 minutes meditation
1135H: Recitation of the Joyful Mysteries of the Rosary
1200H: Veneration of the Relics of Saints Jacinta and Francisco
1215H: Lunch
1315H: Holy Hour with Confessions
1415H: Benediction
1425H: Divine Mercy Chaplet
1435H: Tea break
1500H: Showcase of Fatima Programmes / Initiatives
Station 1: Fatima Prayer Cell
Station 2: COTE/VM
Station 3: Promoters
Station 4: Home Pilgrim Statue Visitation
1630H: Enrolment and Investiture of the Brown Scapular
1645H: End of day 1.

8 March 2026, Sunday

0900H: Holy Mass (St Peter)
1000H: Veneration of the Relics of Saints Jacinta and Francisco
1100H: Holy Mass (Christ the King)
1200H: End of visitation.

For more information, please contact the parish or visit the parish website.

Arranged by the World Apostolate of Fatima (England & Wales)
A Public Association of the Faithful
Registered Charity 1198986

Contact the World Apostolate of Fatima
Mobile no. 07788473210 (9 am to 5 pm only, Mon to Fri)

Visitation of the National Pilgrim Virgin Statue (NPVS) of Our Lady of Fatima and the Relics of Saints Jacinta and Francisco - Saturday 7th March 2026, 09.45 until 16.45

The Parish of Our Lady Queen of Peace, Adur Valley, has a long established First Saturday devotion, attracting people from across the Diocese for these special Fatima prayers. We are honoured to be the first parish in 2026 to be chosen for a visitation from the World Apostolate of Fatima England & Wales.

Join us for a special First Saturday: Saturday 7th March 2026, 09.45 until 16.45

National Pilgrim Virgin Statue of Our Lady of Fatima, along with relics of Saints Jacinta and Francisco. The day includes a procession and mass, prayer, veneration of relics, adoration and video presentation. There will be items for sale, and you are welcome to all or part of the day.

St Peter's Church, Shoreham-by-Sea, BN43 5WG

(Tea/coffee available; please bring a packed lunch)

Email: adurvalley@abdiocese.org.uk for more information or visit the website here: <https://www.worldfatima-englandwales.org.uk/the-first-five-saturdays-devotion-explained>

Grandparents' Formation Day - 23 April, 10am-4pm, St John the Evangelist, Horsham

Join us for what promises to be a wonderful, engaging and affirming day with guest speaker, David Wells. You will be able to listen to the inspirational experience of David Wells as evangelist, father and grandfather. A chance to meet with people from across the grandparent network of the diocese and those who are keen to bring the faith to the next generation. For more details on David's powerful, fun and engaging talks on our faith you might like to visit his website: davidwellslive.com

To register, go to the Events page of the Diocesan website

W: www.abdiocese.org.uk/diocese/events

If you have any questions about the day please contact Deacon Simon South, Diocesan Marriage & Family Life Adviser

E: simon.south@abdiocese.org.uk



Story Time with the Saints

Simon, The Man Who Helped Jesus Carry the Cross

Simon came from Cyrene, a country far away in Africa. These days Cyrene is known as Libya. One day, Simon was visiting the big city of Jerusalem. He was just walking along, minding his own business. He did not know something very important was about to happen.

On that same day, Jesus was carrying a big, heavy wooden beam. It was part of the cross. Jesus had been hurt, and He was very, very tired. So the soldiers looked around. And they chose... Simon!

"Come here!" they said. "You must carry this!"

Simon hadn't planned to help. He might have felt surprised. Maybe even a bit scared. But he picked up the heavy wood.

The Bible tells us that Simon walked behind Jesus, carrying the cross. Step by step. Right behind Him. Can you imagine that?

Simon was so close to Jesus. He could see Him. He could hear Him. He was helping Him.

Simon helped Jesus when Jesus needed help. And that was very important. One hard job changed his life.

What About Us? Sometimes we have to do things we didn't plan to do. Maybe your teacher asks you to tidy up. Maybe Mum or Dad asks you to help carry the shopping. It might feel heavy or annoying. But when we help others, we are being like Simon. We are helping Jesus too.

Let's Pray. Dear Jesus, Thank you for Simon. Help us to be helpers. Help us to say "yes" when someone needs us. Amen.

Community of Saints: Simon of Cyrene - The Unexpected Disciple

This Lent, in our Community of Saints, we turn our attention to those whose holiness emerged in a single, decisive moment. This week, we reflect on Simon of Cyrene - a man who did not set out to follow Christ, yet quite literally walked behind Him on the road to Calvary.

Simon came from Cyrene, a city in North Africa in what is now modern Libya. It was a place with a thriving Jewish community, and many from Cyrene would travel to Jerusalem for the great feasts. We are not told whether Simon was merely visiting for Passover or had settled in Jerusalem. His name, common among both Jews and Greeks, gives little away. What the Gospels make clear, however, is that he was a foreigner - an African - drawn into the most pivotal moment of salvation history.

The scene unfolds outside the city walls. Jesus, brutalised by scourging, is being led to crucifixion. The crossbeam - the patibulum - rests upon His torn shoulders. The Roman soldiers, impatient and indifferent, see that He can go no further under its weight.

Simon is "coming in from the country." Perhaps he had been tending fields. Perhaps he was simply entering the city gates. Then, without warning, he is seized. Compelled into service. Ordered to carry the cross.

It is Gospel of Luke who tells us that Simon carried the cross behind Jesus. The detail is easily missed, yet profoundly suggestive. Earlier in Luke's Gospel, Christ had said: "If anyone would come after me, let him deny himself and take up his cross daily and follow me." Here stands a man doing exactly that - though not by choice. Simon did not volunteer. He was conscripted. His act of service began in coercion. And yet the Gospels remember his name.

The Gospel of Mark even records that he was "the father of Alexander and Rufus." Why mention his sons unless they were known to the early Christian community? St Paul, in his Letter to the Romans, greets a Rufus, leading many to wonder whether Simon's family became part of the growing Church. If so, that forced walk to Golgotha may have marked the turning point not only of Simon's life, but of his family.

Though not formally canonised in the Catholic Church, Simon of Cyrene has long been honoured as a saint in several Christian traditions. The Church keeps his memory alive each time we pray the Stations of the Cross. In the Fifth Station we



hear again those simple words: “They laid the cross on Simon of Cyrene.”

What might his life have been like afterwards? We can only imagine. A man who had once carried wood for labour now carried the memory of having borne the wood of redemption. A man pressed unwillingly into service may have come to understand that he had touched the mystery of Christ’s suffering in a way few others did.

Simon’s story speaks deeply to our parish community during Lent. Many of us know what it is to shoulder responsibilities we did not seek — caring for ageing parents, supporting struggling children, coping with illness, redundancy, or grief. Like Simon, we often find ourselves “coming in from the country,” absorbed in ordinary life, when suddenly we are handed a cross.

We do not always choose the moment of our cross-bearing. Yet Simon’s brief appearance in Scripture assures us that no such moment is unseen by God. What feels random to us may be woven into a greater purpose. A burden carried reluctantly may become the beginning of discipleship.

As members of the Community of Saints, we stand alongside Simon — ordinary people drawn into extraordinary grace. This Lent, may we be ready, whenever and however we are called, to walk behind Christ. And may we trust that even the heaviest cross, borne in His company, leads not only to Calvary, but to resurrection.

Our Parish is committed to safeguarding children and vulnerable groups within its community. Safe-guarding reps are Charles and Ann McCarthy.

Report safeguarding concerns to the Diocese 01293 651148 or via email: sg1.worth@abdiocese.org.uk



At **In Touch**, we’d love to hear from you—what you’ve enjoyed reading, what you’d like to see more (or even less!) of, and any ideas for improvement. This is our parish community newsletter, and our hope is that it offers both inspiration and a useful service.

If you have any announcements, articles, or activities you would like us to publish in In Touch we need you to send them the Friday before the intended publication date please.

Please do get in touch! worthabbeyparish@gmail.com

Parish Priests: Fr Rod Jones and Fr Paul Fleetwood. To contact both, please call the Parish Office: 01342 710313

Parish Office: Maria Stribbling - 01342 710313

Parish Office Email: parish@worth.org.uk

Parish Website: www.worthabbeyparish.co.uk

Nighttime emergencies only: 01342 710331

Cheques to be made payable to Worth Abbey Parish **Online banking payments** - Account 61076892 Sort Code 40-05-20

Safe Spaces: 0300 303 1056 **Web:** www.safespacesenglandandwales.org.uk/ **Email:** safespaces@victimsupport.org.uk

If you're unable to go to Mass and would like to receive Communion at home, or if you have prayer intentions, please contact Fr Paul