

# In Touch

Patronal Feast - Our Lady Help of Christians 11<sup>th</sup> /12<sup>th</sup> October 2025 No. 1442



### Dear Parishioners,

I hope that you and your families are well. I send you all my prayers.

This weekend we celebrate our **patronal feast, Our Lady Help of Christians**. Do please join us in asking Mary's prayers that our monastic community and our parish community may flourish and grow. This can only happen through God's grace and our cooperation. Thank you most sincerely to so many of you who support us in so many ways.

Meanwhile, this Sunday is **Prisoners' Sunday**, when we are asked to focus on the work of Prison Advice and Care Trust, PACT, a Catholic charity which supports prisoners and their families. They write about themselves: *Our vision is of a society in which justice is understood as a process of restoration and healing, in which prisons are used sparingly and as places of learning and rehabilitation, and in which the innate dignity and worth of every human being is valued. Pact is a national charity that supports prisoners, people with convictions and their families to make a fresh start. We work to minimise the harm that can be caused by imprisonment to people who have committed offences, to families and to communities.* 

Their patron, Cardinal Vincent Nicols, encourages us: Pact is the only charity that supports people from the point of sentencing to release and cares not only for those in prison but also for the families left behind. This year, over 200,000 children will suffer the heartache and trauma of the arrest, trial and imprisonment of a parent. Pact supports prisoners' children to cope with the effects of imprisonment, and where possible, to maintain meaningful relationships with their mums and dads in prison. To do this, they depend upon the generosity of our parish communities, and the time and talents of volunteers. In drawing our attention to Jesus' well known teaching in the Gospel of Matthew, in which he identified himself with a prisoner (Mt 25:35), and to the fact that Jesus himself reached the end of his earthly life as a prisoner, Pact's work makes it clear that prisons and imprisonment are not things that the Christian community can lightly ignore or easily forget. I pray that we may never forget that all people, whoever they are and whatever they have done, are loved by God and called to his Kingdom.

It is striking that Winston Churchill echoed this spirituality when speaking as Home secretary in 1910, saying "the mood and temper of the public with regard to the treatment of crime and criminals is one of the most unfailing tests of the civilisation of any country", and he urged the importance of having "unfailing faith that there is a treasure, if only you can find it, in the heart of every man."

Do please read the story of PACT: https://www.prisonadvice.org.uk/media/30aneiey/the-pact-story-120-years.pdf

And please support the collection at the end of masses this weekend.

I send you all my very best wishes, *Fr Paul* 

### **MASS TIMES at Worth Abbey:**

Sundays- 9.30am (family Mass, with choir)

Mondays to Fridays- 5.30 pm

Saturdays: 9am and 5pm (First Mass of Sunday), Feast Days 5.30pm Days of Obligation, see website

We will be having a second collection this weekend, 11/12 October to aid the work of the Church with those in prison. "I was in prison and you visited me."-Mt 25:36

### Inside this week's In Touch...

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### MASS READINGS: (12 – 19 October)

Sunday, 12 October - 1st Reading - Ecclesiastes 4:11-18 2nd Reading - 1 Corinthians 1:18-25 Gospel - John 19:25-27

 Mon – Romans 1:1-7; Luke 11:29-32
 Thu – Romans 3:21-30; Luke 11:47-54

 Tue – Romans 1:16-25; Luke 11:37-41
 Fri – Romans 4:1-8; Luke 12:1-7

 Wed – Romans 2:1-11; Luke 11:42-46
 Sat – 2 Timothy 4:10-17b; Luke 10:1-9

Sunday, 19 October: 1st Reading – Exodus 17:8-13 2nd Reading – Timothy 3:1 4-4:2 Gospel – Luke 18: 1-8

### **Pravers**

Please pray for the sick of our parish: Stella Higham, Jim Tierney, Krysia Smith, Catherine Elia, Patrick Cambridge, Barry Wingrove, Elfriede Huckstep, Rowena Leaney, Beryl McNulty, Lin Eade, Jelly Labto, Sheila Charman, Hal Clarke, Gillian Maher, Krysia Smith, Pamela Bagwell, Terry and Susan Scoble, Sue Pearson, John and Sue Rutherford, Demelza Waring, Liz Hicklin, Mike and Jill Carter, Laura Rawlinson, Fr. Kevin Taggart. And, also please pray for the healing of our Diocese Youth Adviser Lizzie Wakeling.

Please continue praying for the soul of *Pope Francis*, and the souls of Patricia MacDonald (Pat), Jenny Frost, Timothy Robin Martin, Mary Hume, Tom Wheeler, Maria Beardsall, Sister Law SRN, Beryl Green, Elizabeth Leksinska, Patricia Stanford, Audrey Mary Davies, Jim Farmer and Fred Green whose anniversaries are this week. *May they rest in peace*.

### Worth Parish Community Billboard

### Tapestry of Faith: 60 Years, 60 Faces, One Parish Community

Marking Worth's 60 years, we're featuring members whose stories are threads in the rich tapestry of our shared journey. We are still doing an open call to parishioners who would be happy to also put themselves forward and share their story. Your journey of faith can give glory to God. Please get in touch via worthabbeyparish@gmail.com.

This week, we have the pleasure of getting to know some of our youngest parishioners serving in different ways at Sunday Mass. Do say hi to them next time you see them!



### #41 Abigail Profit

From Denmark to Taiwan to Slovakia — and now back to Sussex! Fifteen-year-old Abi's passport may be well-stamped, but her faith has always been her true home. She laughs that moving countries so often has made her an expert communicator — and perhaps a bit of a travel pro — but what shines through most is her steady sense of belonging wherever there's a church door open and a community gathered in prayer.

Abi was born in West Sussex but moved abroad with her family at the age of four, spending most of her childhood in places as far apart as Denmark, Taiwan, and Slovakia. "I've experienced many amazing cultures where I've built so many friendships," she says, "and have been part of many Catholic Church communities." Those years abroad helped her build lasting friendships and, she adds with a smile, "definitely developed my communication skills!"

One of the teens you've hopefully come across in church on Sundays, Abi was confirmed at Worth Abbey earlier this year — an experience she describes as "a really special moment that has deepened my faith and brought me closer to God." "It's the closest I've ever felt to Him, which is so wonderful," she says. Having moved back to England in January, Abi joined Worth School and, together

with her family, became part of the Worth Abbey parish community. "We've always prioritised going to Mass on Sundays," she explains. "No matter where we lived, it was something constant in our lives."

Abi first began helping with Junior Church as part of her volunteering activity for the Silver Duke of Edinburgh Award. "At first, I was encouraged into helping with Junior Church through my volunteering activity for the Silver Duke of Edinburgh Award," she says, "however, it quickly became something which has brought a lot of joy to me—helping children find the context of the Mass more understandable and interactive." She adds that it has also helped her feel more a part of the parish community.

Through her involvement in parish life and her recent Confirmation, Abi says she has "begun to understand my faith further, especially with the addition of Confirmation and religious studies at school." "Being involved with the parish has brought a community of people who share beliefs that are evidently important in our life, and I think act as a reminder of this shared love — causing my faith to deepen."

When life gets busy, particularly with schoolwork and GCSE preparation, Abi finds calm and perspective through her faith. "If I have had a stressful week at school with lots of revising and preparing for my GCSEs, going to Church often brings a sense of peace and reminds me to look at the world in the bigger picture — like the privileges we have and that there's still a whole world existing out there. Then I put my trust in the love for God, who made this world."

Abi's story is one of youthful faith that finds joy in connection, community, and the quiet reassurance that, wherever life takes her, God walks beside her. And perhaps, without even realising it, by sharing her journey, Abi is already inspiring others — showing that faith doesn't stand still, it travels with us.

# A prayer, saint, or bible verse that inspires you?

"Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with my righteous right hand". - Isaiah 41:10

## What activities do you enjoy?

I love being a part of sports teams and the general team atmosphere that brings and cooking good food.

### What plate of food brings the best memories?

A Sunday Roast – a meal I have truly grown up with and will always end in bringing my family together at the end of the week. It brings so much warmth and happiness as we all sit and talk, with a prayer at to start it all off. As I've grown up, I now help with the making and my mum, and I always have such fun.

# A cherished memory of being part of this parish? Talking and laughing with new people and just finding out a bit about themselves can be quite inspiring. As well as all the good advice and talk with the Monks.

What are your hopes and prayers for the future of our parish? To continue to build a community of all ages and build a truly supportive, loving environment through shared love for God.



#### #42 Patrick Coughlan

Patrick is the eldest of Emily and Daniel Coughlan's boys. He goes to St Peter's in Ardingly and is in Year 5 — and he'll be 10 soon! His favourite lessons are Art and PE, and he really likes playing football too.

Patrick serves on the altar at Worth Abbey. He says he likes helping with the Mass, and he remembers the first time he did "the boat." "It was fun!" he says. He likes that he can help the monks and the priests, and that he can be part of what happens at church.

Patrick says Worth Abbey is a nice place because "I can see my friends there, and it's a nice church with lots of activities for people to go to. The monks are really kind."

He remembers his First Holy Communion as a really special day. "My family was there, and my godmother and godfather. I got a lot of gifts and I felt happy to receive," he says.

Patrick's friends at Worth are the Russells, the McSharrys, Lucan, Gabriel, and Wilf. He likes seeing them at church and spending time together after Mass.

His favourite saint is Saint Longinus. "I admire him because he was a Roman and he converted, and he actually saw Jesus as God even though he was Roman," Patrick explains. (And in case you haven't heard of Saint Longinus, he was the Roman soldier who pierced the side of Jesus when He was on the cross at Calvary. When he saw what happened, he realised that Jesus really was the

Son of God. After that, he stopped left the military and chose to become a Christian and eventually, a monk.)

Patrick's story shows how serving, learning, and being part of church can help you grow in faith — even when you're still a child. He reminds us that every helper, no matter their age, makes a difference in God's house.

### A prayer, saint, or bible verse that inspires you?

Saint Longinus, I admire he was a Roman and he converted and he actually saw Jesus as God even though he was Roman.

# What activities do you enjoy? Football

What plate of food brings the best memories? Pizza and ice cream, they're tasty!

A cherished memory of being part of this parish? When I first started alter serving and Faith alive.

What are your hopes and prayers for the future of our parish? I hope we might get a stained-glass window.



### #43 Charles Coughlan

In recent months, you might have noticed two very young blonde boys who look like twins, helping at the altar during Sunday Mass. That's Charles, who is eight, and his older brother Patrick, whose story you have just read.

Charles goes to St Peter's in Ardingly, and his favourite subject is Art. You can ask him if he likes making bright, messy, fun pictures later! When he isn't running around in the grounds, he loves playing netball and rugby.

Charles and his family moved to Worth in 2023 and they have become regulars not only at Sunday Mass and the spontaneous playtime in front of the Abbey

church after Mass, but also in the monthly family brunches. Charles received the Eucharist for the first time earlier this year, and after that, he became an altar server. He's also part of the Faith Alive group. He remembers his First Holy Communion, his first time altar serving, and his first Mass at Worth Abbey — all big, exciting days that made him feel part of something special.

When asked what he likes about Worth Abbey, Charles says, "I can see my friends at Mass and I can altar serve." He remembers his First Holy Communion clearly. "I remember my family being there and the presents," he says with a grin.

His friends at Worth are Anna and Max Russell, and he loves seeing them at Mass. Charles's favourite saint is Saint Philomena. "Because she survived when they tried to kill her again and again, and God kept on saving her," he says. (And in case you haven't heard of **Saint Philomena**, she was a young girl, possibly 13-years-old, who loved God so much that when bad people tried to hurt her many times, God sent his angels to keep her safe.)

Charles's story shows that being part of church can be fun and full of energy — running about, helping at the altar, and laughing with friends. And even when he's busy playing or learning, he's also learning about courage, kindness, and faith. Maybe he doesn't realise it yet, but by sharing his story, Charles is showing us all that following God can be playful, and that even the smallest helpers can make a big difference — glorifying God in their own bright, bouncy way.

A prayer, saint, or bible verse that inspires you? St Philomena because she survived when they tried to kill her again and again and God kept on saving her. What activities do you enjoy? Rugby, netball, chess

What plate of food brings the best memories? Pizza, ice cream, chocolate and coke.

A cherished memory of being part of this parish? My first holy communion, I liked receiving for the first time.

What are your hopes and prayers for the future of our parish? That they develop a parish rugby team so I can play.

### Alek and Bruno's Epic Summer Ride for Bone Cancer Research

Back in July, we featured the inspiring fundraiser of Alek, one of our parishioners, and his friend Bruno, two Year 12 students who set out to cycle 1,000 miles across Europe in support of the Bone Cancer Research Trust. Well, they've done it — or very nearly!



Over 17 unforgettable days, the boys pedalled their way through France, Italy, Switzerland, Germany, the Netherlands, and Belgium — all completely unsupported. In total, they covered just over 900 miles, taking the odd train or coach for the longest stretches (and we think that's perfectly fair!).

Their journey was full of adventure, laughter, and a few scrapes along the way — from sleeping in an abandoned church tower in the Alps to cycling all night to catch a 5 a.m. train in Genoa. They also faced a few hairy moments with failing brakes and a couple of crashes, but

their spirits

vered. Highlights included three magical days in Assisi, stunning rides along the French and Italian coast, and an epic 207-mile trek over the Gotthard Pass in the Alps — an incredible feat with 3,300 metres of elevation gain!

Bruno and Alek chose to ride for the Bone Cancer Research Trust because Bruno's sister has been bravely facing Ewing Sarcoma for the past 18 months. They're passionate about supporting the Trust's work — not only its research but also its vital campaigns to improve awareness and early diagnosis.

Before setting off, they hit their fundraising goal of £5,000, and have since reached £5,239 — but there's still time to chip in before their JustGiving page closes on 3rd November.

Let's help them give their incredible effort one last 1746647928272?utm medium=FR&utm source=CL

boost! https://www.justgiving.com/page/bruno-grima-

### Walking 100 Miles for Breast Cancer UK

This October, our very own **Rowena Leaney**, one of our long-standing Junior Church catechists, is taking on an inspiring challenge — walking **100 miles** to raise funds for **Breast Cancer UK**. This cause is especially close to her heart following her own diagnosis in November 2024. Let's show our support and encouragement for Rowena as she walks each mile with hope and determination.

You can donate to their JustGiving page by clicking here <a href="https://www.justgiving.com/page/rowena-leaney-1?utm\_me-dium=FR&utm\_source=EM">https://www.justgiving.com/page/rowena-leaney-1?utm\_me-dium=FR&utm\_source=EM</a>

You can learn more about Rowena from her Tapestry of Faith profile story published last September 7 (if this is no longer in your inbox, these are archived at our parish website).

### Parish Activities and Announcements

### **DATES FOR YOUR DIARIES...**

- 12 October, Sun. Brunch in Compass House at 11am
- 15 October, Wed. The school will celebrate Our Lady of Worth with mass at 4.30pm, so there won't be mass at 5.30.
- 19 October, Sun. Family Faith Formation at 11.15
- **26 October, Sun**. Laudato Si' 10<sup>th</sup> Year Anniversary talk by John Paul de Quay "Pilgrims of Hope, Towards a Better World", at 11am at the Unity Room.

### AND OUR REGULAR ACTIVITIES...

Sacrament of Reconciliation - Sundays 08.45-09.15am in the church, or by appointment with Fr. Paul.

**Exposition of the Blessed Sacrament** – Wednesdays 2:30-3:30pm; Sundays 6.30pm after vespers, and every first Sunday of the month, 10:30am (right after Mass)

Rosary Group - Mondays 7:10-8pm in the church after vespers. Please contact Rachel Davies: 07801 696354.

Lectio Divina - Tuesdays at 8pm via Zoom. Please contact Jenny Chapman jenny chapman@sky.com. All are welcome!

Christian Meditation - Unity Room, 7-8pm, 4th Wednesday of the month: 22 October, 26 November

**Vigil for Vocations** – Every first Friday of the month at 8.30-9pm, after compline.

Bible Study Group - Mondays, 11am at St Benedict's (Parish Office). Please contact the Parish Office.

Family Faith Formation – Monthly, every 3<sup>rd</sup> Sunday. New parishioners, all families welcome!

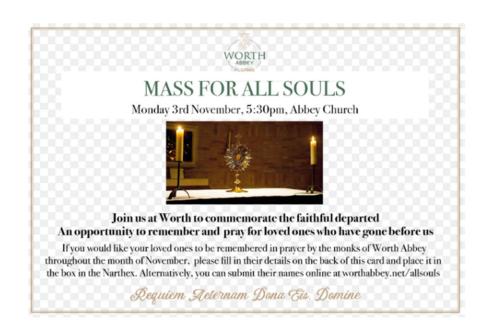
### A note concerning the appeal and our finances:

The Diocese of Arundel and Brighton closed the chapel of St Dunstan in West Hoathly in March 2020, after a review and discussions. The Diocese then decided to sell the building. Following the sale, Worth Abbey Parish received a proportion of the proceeds, from which a significant donation to Worth Abbey's *Heart and Soul Campaign* was made. This supports the redevelopment of the Narthex and the creation of the new welcome centre, which will benefit all Worth Abbey parishioners. The residue of the funds received from the Diocese has been invested to support evangelisation and other formation work of our Parish, and any future capital expenses. Meanwhile, we express our very grateful thanks to all those who responded generously to our financial appeal, which we expect will allow us to finish the calendar year with a small surplus.

### **Church Lighting Upgrade: Temporary Weekday Closure**

We would like to inform our parish community that the final phase of the church lighting upgrade is scheduled to take place over two consecutive weeks: Monday 20 October to Friday 24 October and Monday 27 October to Friday 31 October.

During this period, the church will be closed on weekdays to allow for the completion of the upgrade works. All weekday liturgies and services will be held in the Unity Room. We appreciate your understanding and patience as we complete this important enhancement to our lighting. Weekend services will continue as usual in the church.



### We are All Called to Serve. Yes, we are!

"The harvest is plentiful, but the labourers are few." (Matthew 9:37)

Our parish thrives when each parishioner shares their gifts. We have a place for you.

Ministry is not just about "helping out." It is a way to live out our baptismal calling to bring Christ's love to the world.

- 1. Liturgy and Sacraments: Altar servers (children and adults), readers of the Word, writers who draft the Universal Prayers, Eucharistic Ministers, Abbey Choir, Junior Church, flower arrangements group, and the Welcome Ministry.
- 2. **Family Faith Formation**: **Mustard Seed** (3-5), **All Saints** (6-8), **Faith Alive** (9-12), **Inspired** (13-15), **parents' group**. Volunteers help facilitate activities every 3rd Sunday, with the aim of helping our young families grow in faith.
- 3. Hospitality and Parish Socials: Hosting House Group/s, Sunday Refreshments Team, Fair Trade stall, monthly Parish Brunch Social team (2nd Sundays of the month, after Mass), and monthly Parish Wine and Cheese Social team.
- 4. Prayers and Adoration: Bible Study Group (Mondays), Rosary Group (Mondays), Lectio Divina (Tuesdays), Eucharistic Adoration (Wednesdays, Sundays), Vigil for Vocations (first Fridays), the new Worth Intercessory Team.
- 5. **Community and Communications:** writers and contributors for our **In Touch newsletter**, online parish interface (website and socials), the **Worth Pro-Earth**, **RCIA** and **Alpha courses**, **food bank and giving to charities**.

We invite you to answer: "Here I am, Lord; I come to do your will." (Psalm 40:8–9). Please speak with Fr. Paul, the parish office, or email worthabbeyparish@gmail.com and we will point you to the leader of that particular ministry.

**NEW Worth Intercessory Team (WIT)**: Soon, we hope to be starting a new group of prayer warriors. We'll meet online via Microsoft Teams at 8pm on the first Wednesday of the month (45 min - 1hr), creating a welcoming space to pray together. Would you like to join? "For where two or more are gathered in my name, there I am in their midst." – Mt 18:20

This is a chance to grow in prayer, deepen parish connection, and make a difference—without leaving your home. If you'd like to join please email <a href="worthabbeyparish@gmail.com">worthabbeyparish@gmail.com</a>. Come join us. We look forward to praying with you!



#### Worth Abbey Parish

Catholic Church · Not yet rated (1 review) · 9.4 km · Paddockhurst Road, Turners Hill, Crawley · 222 followers



### Our parish Facebook page is back! See:

https://www.facebook.com/theworthabbeyparish/

We invite you to start "following" our page. You'll find updates, along with content to nourish your broader faith life and inspire you during the week. See you online!

### Social Action for Parishioners



### Praying and Speaking Up on the Assisted Dying Bill

In September, the **House of Lords** held its Second Reading of the *Terminally III Adults* (*End of Life*) *Bill*, a proposal that would allow assisted suicide for adults with fewer than six months to live. The Bill sets out a process requiring approval from two doctors and a panel including a legal expert, psychiatrist, and social worker. It now moves to a **special select committee** for detailed examination. While the Bill's supporters argue it offers choice and compassion, many in the Lords expressed **serious moral and ethical concerns**, echoing principles long upheld in Catholic teaching — that **every life has dignity until its natural end**, and that our response to suffering should be care, not killing.

Voices of Conscience in the Lords - During the debate, Baroness Theresa

May warned that the Bill could have "dangerous unintended consequences", cautioning that it might "reinforce the notion that some lives are less worth living than others." She also referred to it as "a licence to kill Bill," highlighting the risk that vulnerable people might feel pressure to end their lives prematurely. Baroness Goldie likewise reminded the chamber that the true challenge lies not in facilitating death but in improving care: "The answer to this problem is not assisted dying; it is how we care better for terminally ill patients." Lord Beith raised a further concern, saying: "By legalising assisted suicide, you de facto make the statement that some desires to end your life are justified. No one should feel pressured toward death because of financial strain or emotional guilt." Such voices — from across political and personal backgrounds — remind us that this debate is not simply political, but profoundly moral and human.

The Catholic Response - The Catholic Bishops' Conference of England and Wales (CBCEW) has consistently opposed legalising assisted suicide, affirming that life is a sacred gift entrusted to our care, not something we may deliberately end. The Church calls instead for **better palliative care**, compassionate accompaniment, and social structures that affirm life even in its most fragile moments.

Cardinal Vincent Nichols recently described the Bill as a "watershed moment" for how society values life, urging people of faith to respond with prayer and gentle witness. Bishop John Sherrington, lead bishop for life issues, has called on Catholics to "speak up for life" and to "stand with those who are vulnerable, ill or afraid."

**Pray** - Let us pray for those who are terminally ill, for their families and carers, and for the peers who will soon examine the Bill in detail. May they be guided by wisdom, compassion, and a deep respect for life.

**Reflect and Learn -** Visit the **CBCEW website** to read more about the Church's teaching on end-of-life issues and to find resources to guide reflection.

**Write with Charity and Conviction -** If you feel moved by the Holy Spirit, consider writing respectfully to members of the **House of Lords**, particularly those serving on the select committee reviewing the Bill. Express your concern for the protection

of the vulnerable and your hope for improved end-of-life care. The committee will continue its work through the autumn, with a report expected by **7 November**. Let us continue to be a parish that cherishes life in all its stages, that comforts the suffering, and that prays with hope. May we be faithful witnesses to the truth that **every life, from its beginning to its natural end, is sacred.** 

Appeal for Men's Casual Clothing: The Gatwick Detainees Welfare Group is in urgent need of informal clothing for young men. If you have any gently used jeans, T-shirts, tracksuits, sweaters, anoraks or trainers to spare, please consider donating them. Medium sizes are most commonly needed. Your donations will bring comfort and dignity to those in difficult circumstances. Please bring your freshly washed donations to the Parish Office. Thank you for your generosity! "I was naked and you clothed me; I was sick and you cared for me; I was in prison and you came to visit me". - Matthew 25:36

At In Touch, we'd love to hear from you. This is our parish community news magazine, and our hope is that it offers both inspiration and a useful service. If you have any announcements or activities you'd like published we need you to send them the Friday before the intended publication date please. Please do get in touch! worthabbeyparish@gmail.com

Our Parish is committed to safeguarding children and vulnerable groups within its community. Safe-guarding reps are Charles and Ann McCarthy. Report safeguarding concerns to the Diocese 01293 651148 or via Email: <a href="mailto:sg1.worth@abdiocese.org.uk">sg1.worth@abdiocese.org.uk</a>

Parish Priest: Fr. Paul Fleetwood (Mobile: 07764 260216 or 01342 710351)

Parish Office: Maria Stribbling - 01342 710313

Parish Office Email: parish@worth.org.uk Parish Website: www.worthabbeyparish.co.uk

Nighttime emergencies only: 01342 710331

Cheques to be made payable to Worth Abbey Parish Online banking payments -Account 61076892 Sort Code 40-05-20

Safe Spaces: 0300 303 1056 Web: <a href="www.safespacesenglandandwales.org.uk/">www.safespacesenglandandwales.org.uk/</a> Email: <a href="mailto:safespaces@victimsupport.org.uk/">safespaces@victimsupport.org.uk/</a>

If you're unable to go to Mass and would like to receive Communion at home, or if you have prayer intentions, pls contact Fr Paul