



In Touch

Journeying Together:

Collaboration

Co-operation

Co-Responsibility

Pentecost (year B)
18th / 19th May 2024
No. 1383

Dear Parishioners

On Sunday we celebrate the gift of the Holy Spirit and the birth of the Church. The Spirit is the life and love of God which He freely chooses to share with us. Jesus, after his ascension to the Father, participating now in His power and authority, sends the Spirit to us as *his first gift to those who believe*.

In his account in Acts cp 2, Luke draws on the traditions of the Jewish Feast of Pentecost (*fifty* days after Passover). Originally a harvest celebration, it eventually became a celebration of the gift of the Law at Mount Sinai. The later tradition told how all the nations of the earth were gathered there, and all heard the Law read in their own language, but only the Israelites accepted the Law and the Covenant. Luke applies this tradition to the gift of the Spirit; but now all nations receive the Spirit, and all are welcomed into the Christian community at baptism. (Maybe too there is a sense of the reversal of the confusion and division of the Tower of Babel here.)

John also has the sense of the creation of the community by the Spirit. Indeed, in cp 20, there is a scene of re-creation, remembering Gn cp 2: Jesus breathes on his disciples, fear is turned to joy, and they embrace their share in the ministry of Jesus – *As the Father sent me, so I am sending you*. The Spirit in John is the one who makes Jesus present to us again: *The Father will give you another Paraclete (Encourager) to be with you for ever...He is in you, with you...I shall not leave you orphans*. (14.16ff)

Most important for the development of the idea of the Spirit in the New Testament perhaps is Paul, especially in Romans cp 8. Here he shows how the gift of the Spirit draws us into the relationship of love between Father and Son, making us adopted children of God, sharing in the inheritance of Jesus. The Spirit allows us to share in Jesus' resurrection and to live a life of holiness (to *walk according to the spirit*) and to share in Jesus' prayer to the Father. "Abba" was the characteristic and intimate word of Jesus' own prayer, which, in the Spirit, we may share: *The spirit of sons (and daughters), making us cry out Abba, Father...we are children of God, heirs of God and co-heirs of Christ*. (8.14ff)

Finally, it is worth noting that in the Eastern Christian tradition the Spirit was regarded as the feminine principle in God. Using Syriac or Aramaic, their word for Spirit was a feminine word (ruah), which lent itself to motherly images: in Gn 1, the Spirit hovering over Creation is the motherly aspect of God; and in the psalms, words like *In the shadow of your wings I take refuge* (ps 57) were thought of as an appeal to the maternal protection of God in the Spirit.

Unity, love, joy, courage, tenderness, protection, prayer and intimacy with God, with Jesus and with one another: It is difficult to conceive of the riches we are offered today. Let us give thanks for the gifts of the Spirit and embrace them with joy and boldness.

I send you my very best wishes.

Fr Paul

Prayers

Please pray for the young people of our parish who will be confirmed on Friday, 26th May,
Tristan Van Assche and Sacha Waring.

Please pray also for their families and do congratulate them.

Please pray also that we, the parish community, may be able to support them in their journey of faith.

Please continue to pray for our parishioners Demelza Waring, Liz Hicklin, Teresa Tierney, Pamela Bagwell,
Helen Sweetman, Jill Carter, Laura Rawlinson, Peter and Antee Greene, Fred Green and Hugh Hurdman.

A Prayer for Pentecost

*O Lord Jesus Christ Who, before ascending into heaven
did promise to send the Holy Spirit to finish Your work in the souls of
Your Apostles and Disciples, deign to grant the same Holy Spirit to me that
He may perfect in my soul the work of Your grace and Your love.
Amen*

May, the month of Mary

This month, use our rosary reflections, family prayer ideas and Marian prayers to ask Mary's intercession
for Sudan. <https://cafod.org.uk/pray/pray-the-rosary/prayers-for-the-month-of-may>

In preparation for the 2025 Jubilee Year "Pilgrims of Hope", 2024 has been designated a Year of Prayer by Pope Francis.

"Prayer unites us; it makes us brothers and sisters.

It is in prayer that our hearts find the strength not to be cold and insensitive in the face of injustice.

In prayer, God keeps calling us, opening our hearts to charity." (Pope Francis)

*God of peace may your kingdom come. May fear strike no longer, let pain fade away, may earthly power be
challenged, when it plunders the poor, and tramples on hope.*

*God of peace may your kingdom come. Help us put away the weapons of war, help us destroy the tools of
destruction, let earthly power be challenged, when it plunders the poor, and tramples on hope.*

*God of peace may your kingdom come. Teach us to follow the ways of justice, teach us to walk the paths of
truth, let integrity challenge the power that plunders, when it tramples the poor and pours scorn on our hope.*

*God of peace may your kingdom come. Bring peace sweet as honey, bring peace like a shield, and may we be
the challenge to earthly power that plunders and tramples on hope.*

God of peace may your kingdom come.

Amen.

(Linda Jones/CAFOD)

Please pray for the people of Israel and Palestine and of Russia and Ukraine

God of peace, who are peace itself.

and whom a spirit of discord cannot grasp, nor a violent mind receive,

grant that those who are one in heart may persevere in what is good.

and that those in conflict may forget evil and so be healed.

Through Christ our Lord. Amen

(Prayer: Roman Missal, p.1361)

Anniversaries

Please pray for the Souls of – Emma Brackpool, Russell Brailey, Brian Groombridge, Dick Wheeler,
Jacque Dickenson, Abbot Victor Farwell, Kathleen Maddock and Patricia Napier-Munn.

**Eternal rest grant unto them, O Lord, and let perpetual light shine upon them, may they rest in
peace. Amen.**

Daily Readings

Monday – Acts 1:12-14 or Gen 3:9-15, 20 John 19:25-34

Tuesday – Jas 4:1-10 Mark 9:30-37

Wednesday – Jas 4:13-17 Mark 9:38-40

Thursday – Jas 5:1-6 Mark 9:41-50

Friday – Jas 5:9-12 Mark 10:1-12

Saturday – 1 Cor 2:10b-16 Matt 7:21-29 or Sir 39:6-10 Matt 5:13-16

Next Sunday's Readings: **The Most Holy Trinity (Year B)**

1st Reading – Deuteronomy 4:32-34, 39-40 2nd Reading – Romans 8:14-17

Gospel: Matthew 28:16-20

Go and make disciples of all nations.

Parish Events

Dates for your Diary



This Sunday, 19th May – Family Catechesis after mass in Compass House and Unity Room.

Saturday, 25th May – No 9am mass

Sunday, 26th May – Meeting for all EM's with Fr Patrick after mass in the Unity Room.

Sunday, 2nd June – Worth Pro Earth present a film "GLOBAL HEALING" - *How faith helps us care for our common home*. Please come to learn and discuss how we can help to preserve our environment. 11am in the Unity Room

Sunday, 7th July – Parish picnic, after mass.

Saturday, 21st September - This year the Catechists' Day will be held again at Worth Abbey & School. This year we are inviting Catechists and those involved in Children's Liturgy and all forms of adult formation. The theme will be in response to the Pastoral Plan: Call to Mission - are we Equipped for Mission? More details in the summer.

Mark and Charlie's House Group Gathering

A very informal house group gathering in Balcombe on the last Friday of each month. All Worth parishioners are very welcome to come, socialise, relax, have a drink and some snacks and get to know your community better. Please contact Charlie Tibble c.tibble@stwilfrids.com

Next Date: **Friday, 31st May at 7.30pm.**

Church Closure

From

Monday 15th July – Friday 2nd August

the church will be closed for necessary Maintenance.

We expect the Unity Room will be available.

We will keep you updated.

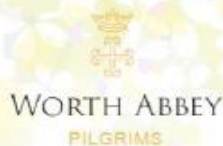
Would anyone be able to join a group in your home area who could watch out for anyone who may not be able to attend mass for any reason?

We hope it will help to keep an open door to the parish for those who cannot be physically present, either by taking Holy Communion into their home or by simply making a social visit. Do please get in touch if you can help. Thank you very much.

Helping in our Parish

Would anyone be able to help us as a Eucharistic Minister or a Reader or by taking part in the Offertory procession at mass on Saturday evenings 5pm or Sunday mornings 09.30am. Please do get in touch.

Would anyone like a mass to be celebrated for your intentions? Please get in touch with the office.



JUNE GATHERING

A social and spiritual day with Worth Abbey Pilgrims

**The Abbot and Community invite you to Worth Abbey
from 11.00am – 4.30pm on Saturday 1st June**

- Celebrate the beauty that is Worth
- Share monastic prayer in the Abbey Church
- Enjoy a guided walk through our woods and fields
- Visit St Bruno's Retreat Centre
- Activities for children
- Families welcome, bring your own picnic or buy refreshments onsite
- Parking available

For more details on our events visit
worthabbeypilgrims.com, or email pilgrims@worth.org.uk
or telephone 01342 710370

Admission free; please register your attendance
at <https://www.tickettailor.com/events/worthabbey>

A Place of Beauty and Joy

Worth Abbey Pilgrims invite you to their **June Gathering**, a social and spiritual day on Saturday 1st June, from 11.00am -4.30pm. Explore the beauty of Worth and join one of our walks through the Estate, guided by members of the monastic community, learn more about Lectio Divina, or enjoy some time in Worth Abbey's Retreat Centre with Fr Peter, Director of St Bruno's. Purchase refreshments or bring a picnic to enjoy in the beautiful surroundings. After lunch and Midday Prayer, join us for a talk by the Abbot of Worth, Abbot Mark Barrett, or sign up to a historic tour of Worth School's buildings and afterwards join-in a Benedictine Chant session led by Worth Abbey's Director of Music, Edward Dean. Benediction at 3:30pm will be followed by afternoon tea and Mass at 5pm. Families welcome; lots of activities for children. Admission and parking free. Please register your attendance at <https://www.tickettailor.com/events/worthabbey> Join us for some or all of the day's activities. Visit <https://worthabbeypilgrims.com> for more information.

Running Well

We have just received this good news from Julian Gabriel about the work of his charity, **Running Well**, about his progress in the last months.

Julian writes: *"This is going to be our busiest year yet and we are both excited and extremely grateful to be able to help so many more people get access to clean water. I am also pleased to be able to report that Fr. Stephen is in very good spirits. He sends his very best wishes and thanks to everyone in the parish for the support that we are still able to give by helping improve the lives of the communities in his and the surrounding parishes. Everyone at Running Well is also extremely grateful for the support that we continue to receive from the Worth Uganda Friendship committee, the parish and of course its donors."*

Please see the attached links from Julian. [April Update](#)

If anyone would like to become a donor, please get in touch with the office or with Ali Ambridge
alisonstooks@hotmail.co.uk

Safeguarding Training – (all on Zoom)

The training is for Catechists, Group Leaders and Co-ordinators of activities within the parish, who need to know and understand the Arundel & Brighton Diocesan **Creating a Safer Environment Policy**.

We would be grateful if you could encourage relevant individuals within your team and ask them to email safeguarding@abdiocese.org.uk to register for **one** of the sessions (not all three!)

Wed 22nd May 11am-12.30pm

Tue 28th May 7pm-8.30pm

Thu 6th June 2pm-3.30pm

Thank you for your ongoing time and commitment. *Charles McCarthy*

The Norms for the Distribution of Holy Communion Under Both Kinds

When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. When Holy Communion is received under both kinds, the sign of reverence is also made before receiving the Precious Blood. The minister raises the Host slightly and shows it to each, saying, "The Body of Christ." The communicant replies, "Amen", and receives the Sacrament either on the tongue or in the hand. As soon as the communicant receives the Host, he or she consumes the whole of it. (GIRM, 161)

When receiving in the hand, the communicant should be guided by the words of St. Cyril of Jerusalem, writing around 400 AD: "When you approach, take care not to do so with your hand stretched out and your fingers open or apart, but rather place your left hand as a throne beneath your right, as befits one who is about to receive the King. Then receive him, taking care that nothing is lost." The GIRM also states that Holy Communion distributed under both species is a fuller sign of the Heavenly banquet (no. 281). "Holy Communion has a fuller form as a sign when it takes place under both kinds. For in this form, the sign of the Eucharistic banquet is more clearly evident and clearer expression is given to the divine will by which the new and eternal Covenant is ratified in the Blood of the Lord, as also the connection between the Eucharistic banquet and the eschatological banquet in the Kingdom of the Father." (*Eucharisticum Mysterium*, May 25, 1967, no. 32)

No one is required to receive under both species, but the Church does encourage it. If one only partakes in the Host, they must remember they are receiving the fullness of Christ – Body, Soul, and Divinity. Thus, it is the choice of the communicant to receive from the chalice.

For the reception of the Precious Blood, the GIRM, no. 286 states: "Each communicant, after receiving the Body of Christ, moves to the minister of the chalice and stands facing him. The minister says, "The Blood of Christ", the communicant replies, "Amen", and the minister hands over the chalice, which the communicant raises to his or her mouth. Each communicant drinks a little from the chalice, hands it back to the minister, and then withdraws."

The only ministers who communicate themselves are Bishops and priests. Deacons and lay persons are to be ministered to and are never to communicate themselves. For this reason, it is not proper, at any time, to take the Host to the Chalice and dip the Host into the Precious Blood.

Monks in the City – Season 3

Pray with us – The Divine Office at St John the Baptist’s Church

Lauds (morning prayer) – Mon, Tue, Wed, Fri, Sat at 9am

Vespers (evening prayer) – Mon, Tue, Wed at 6pm

Special Vespers:

Feast of St Augustine – **Mon 27th May at 6pm**

Nativity of St John the Baptist – **Mon 24th June at 6pm**

Midday Stillness (until 19th July)

Every Friday, noon – 1pm. An hour of music, prayer and reflection in St John the Baptist’s Church.

Saturday Sanctuary

25th May and 22nd June from 10.10am – 12.15pm. A morning of fellowship, reflection, prayer and silence at Fitzherbert Community Hub.

Monk Talks

Join the monks for **Evening Prayer at 6pm** in the church, **followed by soup & bread supper at 6.30pm** in the Fitzherbert Community Hub with a **talk at 7pm.**

11th June – "Growing in the Freedom of Obedience"

St John the Baptist’s, 2 Bristol Road, Kempton, BN2 1AP – 07444 802368

Next weekend there will be a Second Collection for The Missionary Endeavour of the Diocese (Diocese of Chulucanas).

The Diocese of Chulucanas, Peru, with which our diocese has a strong connection, is celebrating its 60th anniversary this year. In 1982, Bishop Cormac Murphy-O’Connor established the link with the Diocese of Chulucanas, which is in the north of Peru, sending priests from this diocese as a *Fidei Donum* (a gift of faith).

The collection was introduced to support these priests. Although no Arundel & Brighton priests are currently serving in Peru, it continues to make an annual grant to the Diocese of Chulucanas.

Worth Pro Earth – A Call to Action

On Sunday we begin our celebration of Laudato Si Week. They write, quoting from Pope Francis' latest document on ecology, Laudate Deum, *"There are no lasting changes without cultural changes ... and there are no cultural changes without personal changes"* (LD, 70) *The ninth anniversary of our encyclical will be celebrated from the 19th to the 26th of this month, inspiring "a personal and cultural transformation in the midst of our ecological and climate crises". How will we do it? With the Celebration Guide prepared especially for celebrating the week. We propose daily actions such as inspiring ecological conversion, promoting sustainable food and transportation, reducing waste, and educating ourselves in integral ecology, among other things.* Please see their website for ideas of how to get involved in actions which can help to preserve the planet which God has given us. [Laudato Si' Week](#)

Plantlife's No Mow May is back

Provide a feast for pollinators, tackle pollution, reduce urban heat extremes and lock away atmospheric carbon below ground. See the website and sign up. [No Mow May](#)

Citizen Science

What is Citizen Science?

Citizen Science projects bring together scientists and public volunteers, to collect data. These projects are invaluable in conservation, making it possible to collect information that scientists alone would be unable to access. As well as helping advance research projects, becoming a citizen scientist is an amazing way to learn about plants and wildlife. <https://growwild.kew.org/> Get involved in one of the following ways:

1. Nature's Calendar

Does climate change affect timings in nature? What effect has recent weather had on wildlife? The Woodland Trust's citizen science project, Nature's Calendar, is all about tracking the effects of weather and climate change on wildlife. By joining Nature's Calendar, you can contribute to a biological record dating back to 1736. Choose locations that you visit regularly where you can monitor one or more of your chosen species. Help us track the effects of weather and climate change on wildlife near you. Visit <https://naturescalendar.woodlandtrust.org.uk/> to get involved.

2. National Plant Monitoring Scheme (NPMS)

While the popularity of citizen science projects is growing, plants have been left behind. The NPMS aims to survey abundance and diversity of plant species, the foundation of all our ecosystems, across different habitats in the UK. This helps us to understand the health of these habits. You will be randomly allocated at 1km square to visit near where you live, where you can record plant 'indicator species' in small plots. Visit <https://www.npms.org.uk/> to find out how to get involved.

3. Flower-Insect Timed Counts

Flower-Insect Timed Counts (FITs) take ten minutes and can be done anywhere, including gardens and parks. It is a simple survey part of the UK Pollinator Monitoring Scheme (PoMS) that collects data on the total number of insects that visit a particular flower.

Spend ten minutes watching flowers and insects in good warm, dry weather during daylight hours.

Visit <https://ukpoms.org.uk/> to get involved.

4. Bee Walk

The bumblebee-monitoring project led by the Bumblebee Conservation Trust encourages you to learn how to identify bumblebees. Take a walk along a route once a month and record online which bumblebees you see. Visit <https://beewalk.org.uk/> to get involved.

Gatwick Airport

The planned expansion of the airport has been opposed by Mid Sussex District Council and there are hundreds of objections to the proposal to massively increase the number of flights. The CAGNE (Campaign against Gatwick Noise and Emissions) website will tell you all you need to know about this hotly disputed subject – <https://cagne.org/>

Balcombe – oil exploration by Angus Energy

The leave to appeal has been granted - look out for more news next week.

<https://frackfreebalcombe.org.uk/>

Worth Pro Earth Cont.

Repair Cafes

Repair cafes aim to reduce waste by encouraging a repair culture in the community. A repair can save time, money and waste. Find out more details at your local repair café -

Forest Row repair cafe is open on Saturday 18 May at the Forest Row Community Centre, Hartfield Road, Forest Row, RH18 5DZ, visit their website [Forest Row Repair Cafe](#) for more details.

Horsham repair cafe is open on Saturday 25 May at the United Reform Church, 45 Springfield Road, Horsham, RH12 1PT, visit their website for more details [Horsham Repair Cafe](#)

Lindfield repair cafe is open on Saturday 8 June, at the United Reformed Church, 52 High Street, Lindfield, West Sussex RH16 2HL, visit their website for more details [Lindfield Repair Cafe](#)

WPE Welcome new members. We meet once a month on a Wednesday at 2pm in St Benedict's. Our next meeting is on Wednesday, 5th June at 2pm. Please get in touch if you would like to attend.

Creator God, we thank you for the wondrous gifts of creation. Inspire us to take only what we need, so that your people may benefit equally from the gifts you give us all. Amen

Non-Parish Events

Corpus Christi Carpet of Flowers

Experience Arundel Cathedral, carpet of flowers on **29th – 30th May**, in celebration of the Feast of Corpus Christi. View the carpet 09.30am – 7pm on Wednesday and 09.30am – 5.30pm on Thursday. Mass, followed by a procession to Arundel Castle, will begin at 5.30pm on Thursday. Everyone is welcome.

Mental Health Awareness Seminar

Saturday 15th June 10-4pm in Burgess Hill. Cost £30

Being aware of the challenges and signs of the struggle many people have with their mental health is becoming more and more important in our modern world. We are pleased to announce that in association with Mental Health England we are running a one-day course in mental health awareness. The course has been heavily subsidised by the Diocese.

For registration, please follow the link via the QR code.



or through the attached booking link [Mental Health Awareness Seminar \(15-Jun-2024\) · ChurchSuite Events](#)

If you wish to discuss your engagement with this event before booking please contact Simon South, Diocesan Advisor E: simon.south@abdiocese.org.uk

Grandparents Pilgrimage to West Grinstead

Wednesday 26th June 11am-3pm

A day of sharing and prayer with other Grandparents led by Bishop Richard, to include Mass, Benediction, Rosary, tours of the secret chapel and lots of chat.

Please bring a packed lunch and a travel mug if possible. Arrival from 10.30am for refreshments. As always please car share, if possible, as parking is limited. Places can be booked through this link [Grandparents Pilgrimage to West Grinstead \(26-Jun-2024\) · ChurchSuite Events](#)

Celebrating the Feast of St Joachim and St Anne

Saturday 20th July 3-4pm at Arundel Cathedral
Pope Francis calls us to this annual celebration for Grandparents and the more senior members of our community. A time to savour the fruits of family life and the wisdom of experience.

Please join us for Mass celebrated by the Bishop, followed by refreshments afterwards in the Cathedral centre. If you wish to discuss your engagement with this event before booking, please contact Katherine Bergin, Diocesan Advisor E: katherine.bergin@abdiocese.org.uk

Santa Marta Group – Modern slavery & human trafficking presentation

Saturday 29th June 11-1pm at St Peter's Hall, Shoreham

By kind invitation of Bishop Richard Moth all are invited to attend a presentation and discussion on Modern Slavery & Human Trafficking – Communities and Parishes. In 2014 Pope Francis instructed Cardinal Vincent Nichols to lead the work of the Santa Marta Group as an important mission for the Catholic Church. It now has partners in over 40 countries; from acorns oak trees grow. Places can be booked through the attached link [Santa Marta Group - Modern slavery & human trafficking presentation \(29-Jun-2024\) · ChurchSuite Events](#) If you wish to discuss your engagement with this event before booking please contact Tessa Ricketts, Diocesan Advisor E: tessa.ticketts@abdiocese.org.uk

For other regular items, please see the website:

For readings, see Universalis: [Universalis](#)

Parish Leadership Team: [Parish Leadership Team](#)

Our Facebook page: [Parish Facebook](#)

Children's Junior Church liturgy: [Junior Church](#)

Diocesan Family Materials: [Family Materials](#)

Parish Giving: [My Dona Parish Giving](#)

or use our QR code.



Parish Priest: Fr Paul Fleetwood (Mobile: 07764 260216)

Parish Office Email: parish@worth.org.uk Parish Office Tel: 01342 710313 Parish Website: www.worthabbeyparish.co.uk
Secretary: Maria Stribbling, available 9.15am-1.15pm Mon-Fri

Nighttime emergencies only: 01342 710331

Any cheques to be made payable to – Worth Abbey Parish

In Touch: If you would like anything to appear in 'In Touch,' please contact Maria Stribbling at parish@worth.org.uk
[\(by Wednesday 10am\)](#)

Safe Spaces: 0300 303 1056 Web: www.safespacesenglandandwales.org.uk/ Email: safespaces@victimsupport.org.uk

If you are unable to attend Mass and would like to receive Holy Communion at home, or if you have any prayer intentions, please let Fr Paul know.

REGULAR EVENTS IN THE PARISH

Mass Times - Saturday: 9.00 am (Concelebrated) and 5.00 pm (First Mass of Sunday),

Sunday: 9.30 am.

Daily Mass: 5.30 pm (Concelebrated), Holy Days of Obligation: 7.30 pm.

Feast Day: 5.30 pm.

Confessions (Sacrament of Reconciliation) – In the Church, Sundays 08.45am – 09.15am
(If anyone cannot come at this time, please make a special appointment with Fr Paul)

Exposition of the Blessed Sacrament – Every Sunday at 6.30pm in the Church, after vespers and on Wednesdays from 2.30pm-3.30pm in the main Church.

Rosary Group – Mondays in the Abbey Church after Vespers – 7:10pm until 8:00pm. Please contact Rachel Davies: 07801 696354.

Lectio Divina – Tuesday evenings at 8pm via Zoom. Please contact Jenny Chapman jenny_chapman@sky.com If you would like to join us, please contact Jenny Chapman by email or speak to her after Mass any weekend.

Christian Meditation Group – 7.00pm in the Unity Room, please contact Richard by email rbrownd1@gmail.com. Forthcoming dates are 22nd May, 26th June and 24th July (this one will be held in St Brunos)

Vigil for Vocations - (1st Friday). After Compline 8.30pm - 9.00pm.

Bible Study Group – 11am on Mondays in St Benedict's (Parish Office). Please contact the Parish Office.



Worth Abbey Parish is committed to safer recruitment. Arundel and Brighton Diocese and Worth Abbey Parish are committed to safeguarding all children and vulnerable groups at risk within its community. The Diocese aims to embed a culture of safeguarding to prevent abuse and to provide support to individuals who have been hurt by abuse, taking the necessary actions to reduce the likelihood of further harm.

Our Worth Abbey Parish Safeguarding Reps are Charles and Ann McCarthy

Email: sg1.worth@abdiocese.org.uk