

Faith Formation: understanding and deepening our faith

The Church encourages us to continually renew our faith so that we may grow as Christians. If we are to become the evangelising Church that we are meant to be we need lifelong education, formation and spiritual development. A confident understanding of our faith will enable us to help those who are searching for a religious home or looking to reactivate their faith.

The Alpha Experience We encourage everyone who is part of our parish, to experience Alpha. Alpha provides an insight into hospitality and community life, exposure to the kerygma (proclamation of the gospel message) and group discussion that is welcoming of both newcomers and more established Catholics. Alpha guides people on a journey to a life of discipleship and creates a sense of belonging.

Please contact Charles McCarthy for further details if you are interested in finding out about Alpha or would like to help in this ministry at alpha_worth@outlook.com.

Find out more about [Alpha](#) on our parish website

Sacramental Preparation Catechists are responsible for helping to prepare our children for the Sacraments of First Holy Communion and Reconciliation. Classes take place between September - May. If you feel you would like to give your time and talents to help children grow in faith, spirituality and their relationship with God, please contact Fr Paul parish@worth.org.uk

Adult Faith Formation

A **Bible Study Group** meets weekly in the Unity Room. The group is currently following an inspirational 12-session course 'The Big Picture' that helps people find their place in the big picture of salvation history. For further details contact Jenny Chapman jennykchapman@gmail.com

House Groups meet in Lent and Advent and also at other times to discuss issues arising in the wider church: contact Rachel Davies rfrmaison@protonmail.com, Bob Eade parish@worth.org.uk, carol morice carolmorice251@btinternet.com

Rite of Christian Initiation of Adults (RCIA) RCIA is a process by which a person becomes initiated into the full sacramental life of the Catholic Church. If you are interested, intrigued or just curious about the Catholic faith or also know you would definitely like to become a Catholic please contact Father Paul parish@worth.org.uk or 01342 710313

Find out more about [RCIA](#) on our parish website

Worth Abbey Retreat Centre welcomes guests from all faiths and none for residential or day retreats. Retreats are led by a member of the Monastic Community or specially selected lay collaborators. You will find a full programme of their events on the [Retreat Centre](#) website.

Children and Young People Faith Formation

Junior Church is a children's liturgy that is provided during the 9.30am Sunday Mass. There are 2 classes: one for pre-school aged children and one for school-aged children. We sing some songs, have a simple Liturgy of the Word, encourage a discussion about what the

children have heard and also have fun activities relating to the Gospel reading. Rachel Davies rfrmaison@protonmail.com

Find out more about Junior Church on the [Families and Young Children page](#)

Youth Church Father Paul parish@worth.org.uk

The [Parish Library](#) provides a selection of books to enable parishioners to deepen their understanding of their faith. It also has books of devotional readings and some related resources to support academic studies. Contact Jenny Chapman jennykchapman@gmail.com

Worth Abbey bookshop located in the Narthex of the Abbey Church offers a wide and varied selection of religious and spiritual books and greetings cards.