

## **Background**

Alpha was originally rooted in a desire for people to connect with God through Jesus Christ and the Holy Spirit. It introduces the basics of the Christian Faith through a series of talks and discussions. It has been described as "an opportunity to explore the meaning of life".

Each Alpha group welcomes people from all beliefs and those with no belief.

Through the Alpha Experience we can see how the Gospels are proclaimed in our everyday lives. It provides us with time and space to connect or reconnect with our personal Faith. There are opportunities to talk, to listen, to share, to reflect and to pray.

## **Alpha at Worth**

At Worth we recognise the importance of invitation and welcome for newcomers and parishioners alike. We know that a sense of belonging is built around hospitality and friendship. At Worth we run a small group Alpha once a year which enables people to get to know each other well and build personal relationships. We hope that by the end of the Alpha course you will want to extend your involvement in Parish life with others you have met here.

Each evening begins with a light supper with time to chat and make new friends. We sit together to watch a short film on the theme of the week. We then have time to reflect on it with others in the group.

## **Who should come to a series of Alpha evenings?**

Worth Parishioners choose to join Alpha because they want to talk about their Faith and personal experiences. They use the opportunity to ask questions and express opinions.

Christians from other parishes and backgrounds come to join us and share their diverse experiences. For some this is the first step to becoming a regular visitor to Worth, becoming a parishioner or joining the Catholic Church.

Those with no faith or at the start of a faith journey come with questions about the existence of God, the bible, and the place of prayer in their lives. We aim to create a safe environment to question and challenge belief. We hope that the experience of Alpha will encourage more people to join us in our Christian beliefs.

## **Get In Touch**

The next series of Alpha evenings begins on Monday 6<sup>th</sup> June at 7pm. Please get in touch on [alpha\\_worth@outlook.com](mailto:alpha_worth@outlook.com)

For those who have already taken part in an Alpha course or any others who would like to offer welcome and hospitality on these evenings please also get in touch using the dedicated alpha email address [alpha\\_worth@outlook.com](mailto:alpha_worth@outlook.com)

## **What comes after Alpha?**

At Worth we would like every parishioner to **Get Involved** in some aspect of Parish Life which supports their own faith and share their gifts for the support of others. You might want to join another group, or you might come back and host next year's Alpha. During the time you are coming to Alpha we will try to connect you with other groups and interests so please let us know what you would like to do.