

Adoration at Worth Abbey - invitation and opportunity.

You are invited to come and spend time with the Lord Jesus. Each Friday, silent adoration will take place in the Blessed Sacrament chapel. This will be an opportunity for you to come into the presence of Jesus and to 'rest awhile' with him.

Why would I do this?

The Eucharist is the heart of our Catholic faith – the living presence of Jesus with us. Last November, at Worth Abbey, Bishop Richard spoke to almost one hundred people - representatives from parishes throughout our diocese. He emphasised the importance of having Eucharistic Adoration in all parishes.

Pope Francis has urged us to spend time with the Lord.... 'One cannot know the Lord without being in the habit of adoring in silence'.

We encounter the depth of Jesus' love for us in the stillness of adoration. Such an encounter with Jesus, draws us ever deeper into God's love, strengthening our spiritual life, leading us into deeper peace and inner healing.

Alongside the personal graces that such a time will bring us, there will be blessings for our community. During the time of adoration, we will hold in our prayers, three particular intentions:

- For the wellbeing of our parish community and for Fr Paul, our parish priest.
- For vocations to the monastic community and diocese.
- For our personal intentions.

In this way, our time of adoration becomes a source of blessing for all!

Fr Rod